

## Diet sheet

Redfoot, Cherry head, Hinge backs



Offer all foods from **Herbivore diet** PLUS the following:

### Fruits include

Strawberry

Melons all types of

Mushrooms

Blueberry

Blackberry

Raspberry fruit and leaves

Apple

Pear

Plum

Grapes

Cherries-pitted

Opuntia fruit

Banana-small amount can be addictive

star fruit

Dragon fruit

Apricot

Blackcurrant

Red Currant

Figs

Peach

Nectarine

Papaya

Mango

Kiwi

Passion Fruit

### Protein Sources

Isopods

Pinky mice

Night crawlers

Boiled Eggs

Raw or cooked Chicken

Organ meats

Super worms

Black soldier fly larvae

Meal worms

Red Wiggler worms

fish

Shrimp

Snails